



PHYSICAL AND MEDICAL STANDARDS FOR THE CANDIDATE FOR THE POST OF ASSISTANT COMMANDANTS IN THE CISF SELECTED THROUGH LIMITED DEPARTMENTAL COMPETITIVE EXAMINATION-2021

(1) Physical Standards:

The Minimum requirements for the candidate (for all categories) are as follows:

	Men	Women
Height	165 cms (Gen & SC)	157 Cms (Gen & SC)
	162.5 cms (ST)	154 cms (ST)
Chest (unexpanded)	81 cms (with 5 cm minimum expansion)	Not applicable
Weight	Corresponding to height	Corresponding to height
Medical	SHAPE-1	SHAPE-1

Moreover, the weight should be as per the height and age as mentioned in APPENDIX-II(B).

(2) Medical Standards:

(a) Eye Sight :

	Better eye (Corrected vision)	Worse eye (Corrected vision)
Distant Vision	6/6	6/12
	OR 6/9	6/9
Near vision	J1 (corrected)	J2 (corrected)

The candidate should not have squint of any degree and should have high colour vision. The candidate will be tested for colour vision by Ishahara's test as well as Edridge-Green Lantern Test. Eyes should be bright, clear with no abnormality/disease. Movements of eyeballs should be full and free in all direction. In every case of Myopia, fundus examination should be carried out and the results should be recorded. Contact lenses or laser surgery is not allowed.

(b) Carrying angle

Carrying angle should not be more than 15° for male and 20° for female.

(c) Ear

- i) Candidate should not have any degree of deafness or persistent ear discharge.
- ii) Candidate should not have any other condition (congenital or acquired) like atresia of the meatus, exostosis, neoplasm which is causing obstruction of ear passage and should not have history or recurrent earache, tinnitus and vertigo.

(d) **Nose** : Candidate should not have DNS, atrophic rhinitis, tubercular ulceration, chronic sinusitis.

(e) **Neck** : Candidate should not have enlarged lymph nodes, thyroid or other swelling of neck, inability to extend the neck fully or any evidence of disease of spine or cervical vertebrae.

(f) **Teeth**: Candidate must possess sufficient number of sound teeth for efficient mastication. Candidate should not have severe pyorrhea.

(g) **Venereal Disease**: Candidate should not have active signs of clinical VD.

(h) **Chronic skin diseases**: Candidate should not have chronic skin diseases like Leprosy, chronic dermatitis, extensive Pityriasis Versicolor, psoriasis, SLE etc.

(3) **General Standards** :

- a) Speech should be without impediment i.e. no stammering.
- b) The candidate should not have any indication of chronic disease like TB, any type of arthritis, high blood pressure, Diabetes, Bronchial Asthma, any heart disease.
- c) Candidate should not have perceptible and visible glandular swelling anywhere in the body.
- d) Chest should be well formed, devoid of any abnormality like flat chest, pigeon chest, with rickety rosary defects. Heart and lungs should be sound.
- e) Limbs, hands and feet should be well formed and fully developed and there shall be perfect motion of all joints.
- f) Should not have any old/mal united fracture of bones.
- g) There should be free and perfect movements of all the joints.
- h) Feet and toes should be well formed.
- i) Should not have congenital malformation or defects.
- j) Should not bear traces of previous acute or chronic disease pointing to any impaired constitution.
- k) Candidate should have no disease of the genito-urinary tract.
- l) Candidate should have no inguinal, scrotal swelling, any type of Hernia.
- m) (Only for male) Both the testicles are in the scrotum and of normal size.
- n) The candidate must not have knock knees, flat foot, varicose veins.

- o) They must be in good mental and bodily health and free from any physical defect likely to interfere with the efficient performance of the duties.
- (4) Candidate should not suffer from TACHYCARDIA (more than 100 pulse rate per minute) or BRADYCARDIA (less than 50 per minute).
- (5) Candidate should not suffer from Hernia, hemorrhoids, condylomata prolapse rectum.

You Can Share and Follow us on Social Platforms
to Stay Updated About Government Jobs Related Alerts



You can also tag & bookmark our website link to your browsers - SarkariBulawa.Com

SUBSCRIBE For Free E-mail Job Alerts
Download Our Free Mobile App

