



**SSC Constable (Executive) Selection Procedure:** Staff Selection Commission (SSC) Temporary Constables (Executive) – Male and Female in Delhi Police. Selection process details are given below...

**SSC Constable Selection:** The examination consist of Physical Endurance and Measurement Test & Computer Based Written Examination.

**1. Physical Endurance and Measurement Test (PE&MT):**

**a. Physical Standard:**

Category of candidates	Height (in cms)	Chest (in cms)	
		Unexpanded	Expanded (Min of 4 cms)
<b>For male candidates only General/OBC</b>	170	81	85
For all candidates belonging to Scheduled Castes	170	81	85
For all candidates belonging to Scheduled Tribes	165	76	80
Residents of hill areas i.e. Garhwalis, Kumaonis, Gorkhas, Dogras, Marathas and candidates belonging to states of Sikkim, Nagaland, Arunachal Pradesh, Manipur, Tripura, Mizoram, Meghalaya, Assam, Himachal Pradesh, Kashmir and Leh & Ladakh regions of J&K	165	76	80
Sons of serving, deceased, retired police personnel/ Multi Tasking Staff (Formerly group 'D' employees) of Delhi Police	165	76	80
<b>For Female candidates only General/OBC</b>	157	–	–
For all candidates belonging to Scheduled Castes & Schedules Tribe	155	–	–
Residents of hill areas i.e. Garhwalis, Kumaonis, Gorkhas, Dogras, Marathas and candidates belonging to states of Sikkim, Nagaland, Arunachal Pradesh, Manipur, Tripura, Mizoram, Meghalaya, Assam, Himachal Pradesh, Kashmir and Leh & Ladakh regions of J&K.	155	–	–
Daughters of serving, deceased, retired police personnel/ Multi Tasking Staff (Formerly group 'D' employees) of Delhi Police.	152	–	–

**b. Physical Endurance test (qualifying) for the post of Constable (Exe.) Male for all candidates including Ex-servicemen and Departmental candidates (age-wise) will be as under:**

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Age	Race 1600 mtrs	Long jump	High Jump
Up to 30 years	6 Minutes	14 Feet	3'9"
Above 30 to 40 years	7 Minutes	13 Feet	3'6"
Above 40 years	8 Minutes	12 Feet	3'3"

**c. Physical Endurance test (qualifying) for the post of Constable (Exe.) Female for all candidates including Departmental candidates (age-wise) will be as under:**

Age	Race 1600 mtrs	Long jump	High Jump
Up to 30 years	08 Minutes	10 Feet	3 Feet
Above 30 to 40 years	09 Minutes	09 Feet	2'9"
Above 40 years	10 Minutes	08 Feet	2'6"

## **2. Computer Based Written Examination:**

Subject	Number Of Questions	Maximum Marks	Time Allowed
Reasoning	35	35 Marks	90 minutes
General Knowledge/ Current Affairs	50	50 Marks	
Numerical Ability	15	15 Marks	
Total	100	100	

### **Note:**

1. Those who qualify in the race event will be eligible to appear in the long jump and high jump events.
2. Three chances will be given to qualify in long jump and high jump events.
3. There shall be no appeal against disqualification in race, long jump & high jump, however, candidate may appeal against height and chest measurement on the same day of PE&MT before the Appellate Board.
4. There shall be no chest measurement for Female candidates. The candidature of female candidates who are pregnant at the time of PE&MT will be rejected as they cannot undergo the test. No appeal/representation will be entertained against such rejection.

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5. Relaxation in height and chest (as the case may be) as mentioned above will be permissible only on production of certificate in the proforma as prescribed, from the competent authorities of the District where they ordinarily reside.
6. PE & MT will not carry any Marks but will be of Qualifying/ Elimination Nature.
7. Use of drugs during Physical Endurance and Measurement test will lead to disqualification.

### **Medical Standard for Both the Posts:**

1. The minimum distant vision should be 6/12 of two eyes (without glasses) and shall be free from colour blindness.
2. Candidates who have undergone Lasik surgery for improvement of their vision (Eye Sight) will be eligible if their vision (Eye Sight) is found normal after the conduct of the following Tests at the Govt. Hospital:-
  - a. Contrast sensitivity.
  - b. Dim light vision(Mesopic vision)
  - c. Glare acuity
3. The candidate must not have knock knees, flat foot, varicose vein, loss or deformity of fingers & chest and joints, Halux valgus, halux rigidus, squint in eyes, bow legs and other deformity including loss of any part of body.
4. The candidates should be of sound state of health, free from defect, deformity or disease likely to interfere with the efficient performance of the duties. No relaxation is allowed to any category of candidates on this count.

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