



Sashastra Seema Bal Constable (Tradesmen) Eligibility: Sashastra Seema Bal hires personnel in Constable cadre for the post of Tradesmen in different trades. Candidates to gain eligibility to apply for Constable posts must satisfy the below given eligibility criteria to apply for Constable (Tradesmen) vacancies...

1. Nationality: Candidates must be a citizen of India.

2. Age Limit: Candidates' age must be between 18 years and 23 years. Age relaxations will be extended as per govt rules.

3. Age Relaxation:

Category	Relaxation (in years)
SC/ST	5
OBC	3
EXSM	Period of service in Defence plus 3 years
Domiciled in J & K	5
Victims of 1984 riots	5
Government Servants	5

4. Educational Qualification: Matriculation or equivalent qualification with two years experience (or) One year certificate course from a recognized Industrial Training Institute (or) Vocational Institute with at least one year experience in the Trade (or) Two years Diploma from recognized Industrial Training Institute in the trade or similar trade.

5. Physical Measurement:

Description	Height	Chest		Weight
For all except the categories mentioned below	167.5 Cms	78cms (Un-expanded)	83 cms (Expanded)	Proportionate to height and age as per medical standard
RELAXATION:-Candidates falling in the categories of Garhwalis, Kumaonis, Gorkhas, Dogras, Marathas and candidates belonging to the states of Sikkim, Nagaland, Arunachal Pradesh, Manipur, Tripura, Mizoram, Meghalaya, Assam, Himachal Pradesh, Kashmir Valley, Leh & Ladakh regions of J&K	165 Cm	78 Cms	83 Cms	
Candidates belonging to Scheduled Tribes	162.5 Cms	76 Cms	81 Cms	

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